Recall from class that an integer $n$ is even if it is of the form

$$
n=2 k
$$

for some $k \in \mathbb{Z}$. Likewise, an integer $n$ is called odd if it is of the form

$$
n=2 k+1
$$

for some $k \in \mathbb{Z}$.
Let $n$ be an integer. Prove that $n$ is odd if and only if $n+5$ is even.

